

The Viewpoint

News from the Forest Grove United Church of Christ

May 2023

Still nothing to fear but fear itself.

"He said to him, 'You shall love the Lord your God with all your heart and with all your soul and with all your mind.' This is the greatest and first commandment. And a second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the Law and the Prophets."

-Matthew 22:37-40

Recently in church, Eric Canon, a congregation member and local advocate for the unhoused, offered a peace candle prayer on Sunday morning in which he reminded us that the unhoused people in our community are indeed our neighbors and part of our community. An example of this is how some of our unhoused/housing insecure neighbors are heroes, like Tommy Weller. Weller saved the life of a teenage boy in recent months when he witnessed the young man hit by a car on Highway 47. I am grateful to Eric for this reminder of the humanity of our unhoused neighbors.

So why are we really afraid of them? What is the fear of the unhoused or the deep poverty right under our noses really all about? These are good questions for us to be asking in these times when some of us are in an uproar in response to the county's plan to install pods for unhoused people in our community.

For those expressing fear about the pods and unhoused people on our streets...

Public Service Announcement: We still have nothing to fear but fear itself!

It's easy to be afraid these days. However, if we are going to be afraid, let's remember that our unhoused neighbors need not be among our list of fears. Rather than fear them, it might be better for us to fear the economic system that consolidates grotesquely inflated wealth for a tiny elite few while erasing the middle class, destroying the commons, impoverishing the majority, and shredding the social contract. In a country as wealthy as ours we could easily establish shared abundance of the wealth we created together. We fail to establish that common welfare because of the ways we collectively embrace the anti-Christian and false principle of "every man for

himself." We are interdependent creatures, and we rely on each other. Rather than fear people who get left behind, we might fear those who would pit us against our neighbors. It might be worth fearing those who would have us forget how our true strength is in our togetherness and solidarity. Rather than fear our property values going down we might fear the context that considers 1600 dollars a month, "low-income housing," which is a lot of money even for someone making a livable wage! How are our young people even expected to launch in this precarity? I wonder if we fear the unhoused because their plight actually seems too close for comfort for many of us these days. Rather than fear them we might fear the truth that many of us could easily be in their shoes in a society with such an unsustainably high cost of living, no real public social safety-net, and mostly judgement and scorn for those economically struggling. Rather than fear the unhoused, we might fear the consumer society where we are acculturated to treat each other as objects; where our mere presence in a neighborhood is arbitrarily considered aesthetically pleasing or unpleasing. Those who fear our unhoused neighbors have raised the concern that our unhoused neighbors could be rapists, murderers, and criminals but the sad reality is that rapists, murderers, and criminals live around us whether they are housed or not. They could be our doctors, our teachers, and husbands, and brothers, and cousins, and sisters, and friends, and wives, and faith leaders. And there certainly seems to be plenty of them in Washington D.C.! The point is that all of us, whether housed or unhoused, all have the capacity for great good and compassion and/or great evil. So we are all deserving of grace, mercy, and dignity.

I live in old town. The pods are being proposed by the county for 12th and Elm. Whether or not the pods go up, the reality is that unhoused people are in our neighborhood every day. We can offer support for the installment of minimally safe and humane dwellings for these people, or we can leave them out in the cold and be part of maintaining a backward society where we leave each other out in the cold. Either way, the unhoused are here and they are not going away. There's nowhere for them to go in this economy. Under the current circumstances, there will surely be more and more of them until we realize what Saint Rev. Dr. Martin Luther King Jr. meant when he warned us saying, "We must learn to live together as brothers and sisters or perish together as fools." Rather than fear the unhoused we might fear God when she warns us saying, "whatever you do for the least among you, you do to me." The latter part of Dr. King's warning and the truth of where we meet the living Christ in our midst reminds us of what we must truly fear, and it's fear itself.

It would be better to banish fear altogether. Our faith assures us of the good news that we have nothing to fear when we love our neighbors as ourselves. We have nothing to fear because our true strength and greatest security are easily found in our practice of mutual care. We are strong and secure when we remember we are all human and doing the best that we can, when we assume positive intent, and work together with grace and mercy. We are strong and secure together when we break bread together, when we help each other, and when we strive to make sure that our neighbors have the same healthcare, housing, food, education and good things of life that we would want for ourselves. Our faith assures us that we discover this life in abundance when we choose love over fear. So let's banish fear, love our neighbors, and build the pods. It's a small thing we can do for now.

Love, Pastor Brendan

Deconstruction Circles Continue



The next deconstruction circle is set for **Sunday, May 21, from 5:00-7:00PM.** In recent years, mental health professionals have underlined the way the religious experience can sometimes create trauma, often from faith environments where questioning was either discouraged or not allowed. Many people coming out of these environments are involved in a process that

has come to be called, "Deconstruction." Deconstruction can be understood as the radical search for the foundation of truth within one's faith; a deep dive into the questions, "What do I really believe and why do I believe it?" In the coming weeks we will be offering opportunities to continue gathering in circle dialogue for story sharing and inquiry to create a nurturing space for those involved in a deconstruction process and looking to connect with others on a similar journey. If this calls to you, we invite you to join us!

Youth Group Event! Dinner & Movie Night!

We are excited to announce our upcoming Youth Group event - Dinner and Movie Night on **May 7th from 6-8 PM!** This is a great opportunity to hang out with friends, enjoy delicious food, and watch a fun movie together. The event will be held in Fellowship Hall, and we will provide a tasty dinner for everyone. This event is open to all members of the Youth Group, and we encourage you to invite your friends as well.



Please **RSVP by May 3rd**, so we can plan accordingly for food and seating to adrienne@fgucc.org



Sheila and Melissa

Women's Spirituality Service Project in May

We have a date for working on the **Habitat for Humanity House**. They are aware that we are not teenagers, and will make sure there is appropriate work for us. We will not know exactly what the work is until we get closer to the date and see what the weather allows. For now, please save the date **May 13** and let us know if you are considering joining us. You can contact Sheila Harter at sheilaharter@hotmail.com) or Melissa Timm at melissatimmglad@gmail.com.

Parents Night Out!



We are excited to announce our upcoming Parent's Night Out on **Saturday, June 10 from 6:00-8:30 pm.** This is one of our most popular events, and we're sure that your children will have a blast!

During the event, we will be providing a variety of fun activities for your children to enjoy, including board games, team games, retro video games, and arts and crafts. We'll also be serving dinner and snacks, so you don't need to worry about feeding your children before they arrive.

Please note that prior registration is required, and spots are limited for this popular event. To secure your child's spot, please register at https://form.jotform.com/223475446542156. We encourage you to register as soon as possible to avoid disappointment. To help cover the costs of the event, we kindly ask for a \$5 donation per child.

This is a great opportunity for you to enjoy an evening to yourselves, while your children are having a blast with their friends. We're looking forward to seeing you and your children at the event!

Adrienne Klein, Learning Community Coordinator

Highlights of music in worship May 7 and 14!



Music Sunday is on **Sunday**, **May 7**, and the theme is "Let the River Run" with performances by the Sanctuary Choir, Strong Wings Band, Handbells, organ and piano. Finally, the Children's Choir will have a special performance on Mother's Day, **Sunday**, **May 14**. Please join us for these special events in the life of our church.

Summer Special Music Opportunity

Would you like to share your musical talent with the congregation this Summer? The Choirs and Band do not meet regularly during the Summer school break, so this means you or someone you invite can schedule a Sunday to share a solo, duet, etc. during worship from Sunday, June 18 through Sunday, September 3.



If you want to sign up or have any questions, contact Laura Frye at 503-550-1709 or the FGUCC office at elena@fgucc.org or 503-357-9121.

We look forward to hearing you!

In Harmony, Worship Ministry

From the Blessing Box Crew

New Volunteer Opportunity for the Blessing Box

Would you like to help prep food after church on Sundays for an hour or two? We are looking for people who would chop onions, carrots, celery, etc., and cook a few things in preparation for the big cooking event on Thursdays each week.

"Alone we can do so little; together we can do so much." Helen Keller

RXX

Updates for the week ending April 28

Supplies needed and appreciated this week include meat thermometer, frozen spinach and

green beans, lunch meat, cheese, peanut butter, jelly, cumin, sweet potatoes, chicken stock, bags of cuties, onions, celery, and rice.

Some of the foods we prepared this past Thursday include: BBQ pork ribs with baked potato and veggies, Turkey Sandwiches, PB&J Sandwiches and pizza bread.

Cooks and all other volunteer help Welcome! We meet regularly on Thursdays from around 10AM to



2:00PM in the church kitchen. You do not have to come every week or stay for the entire time on days that you can help. Please let us know if you're interested in joining us for this adventure! For more information, please talk to Val Donley, Elena, Adrienne, or Pastor Brendan.

Stephen Ministry

We need you! We are working to put together a class of caring, compassionate people this Spring. Does that describe you? Through the training you will learn wonderful life skills, and experience personal growth. It will enhance and enrich your life as you put the skills to use, not only in your life, but as you listen and encourage another.

You will be assisted and supported by the current ministers, as we journey together to be of service and continue learning. It is a shared blessing and gift. Please join us as we care for our congregation. We could use your help, and can't wait to get started! If you're interested or have questions, talk with Pastor Brendan, Renee Mills, or Ken Prickett. Thank you!

Blessings, Renee Mills, Stephen Ministry Leader

Media Updates



Each week the Scripture and Reflection will now be posted on YouTube. Please subscribe to our channel. You can search on YouTube for us under "Forest Grove United Church of Christ" to get our up-to-date weekly video posts or by following this link.

https://youtube.com/@forestgroveunitedchurchofc4809

We are also thrilled to announce the launch of our brand new FGUCC Podcast! This exciting new platform will bring you insightful interviews, thought-provoking discussions, and engaging stories from within our community. Each episode of the podcast will feature a wide range of topics, from current events and social issues to personal stories and achievements. You can listen to the podcast on our website, or subscribe on your favorite podcast platform like iTunes and Spotify to never miss an episode.

— Deb Kolb, Media Tech Specialist, deb@fgucc.org

Old Bus Clean-up Work Party

We are getting the old church bus ready to sell and need help in getting it ready for sale. Anyone interested in helping to remove the decals and do other needed cleaning to get it ready, please contact Ken Prickett at 503-324-4220, or Eric Canon at 503-357-3282. This will be a fun project to work on together and the more people who join us the merrier, plus – many hands make lighter work! We need a heat gun to remove the decals, so if anyone has one that we can use, please let us know -- it would be appreciated. Once we get a list of those interested in helping, we will arrange for a day to get together. Thank you! Ken Prickett and Eric Canon

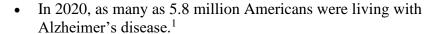
We need bus drivers!

Many of our long-time church bus drivers have retired, and we're recruiting drivers for the new church bus. We really need more people to pick up our shut-ins on Sunday mornings. If you're interested, please contact Eric Murphy at 503-580-9192 or Ken Prickett at 503-324-4220.



Remembering Ralph Brown.

Who Is Likely to get Alzheimer's disease?



- Younger people may get Alzheimer's disease, but it is less common.
- The number of people living with the disease doubles every 5 years beyond age 65.



- This number is projected to nearly triple to 14 million people by 2060.¹
- Symptoms of the disease can first appear after age 60, and the risk increases with age.

What is known about Alzheimer's Disease?

Scientists do not yet fully understand what causes Alzheimer's disease. There likely is not a single cause but rather several factors that can affect each person differently.

- Age is the best-known risk factor for Alzheimer's disease.
- Family history—researchers believe that genetics may play a role in developing Alzheimer's disease. However, genes do not equal destiny. A healthy lifestyle may help reduce your risk of developing Alzheimer's disease. Two large, long-term studies indicate that adequate physical activity, a nutritious diet, limited alcohol consumption, and not smoking may help people.
- Changes in the brain can begin years before the first symptoms appear.
- Researchers are studying whether education, diet, and environment play a role in developing Alzheimer's disease.
- There is growing scientific evidence that healthy behaviors, which have been shown to
 prevent cancer, diabetes, and heart disease, may also reduce risk for subjective cognitive
 decline.

Below are eight ways to reduce risk for subjective cognitive decline. For more information go to <u>Here's 8 ways</u>.

- 1. Quit Smoking
- 2. Prevent and manage high blood pressure
- 3. Prevent and manage high cholesterol
- 4. Maintain a healthy weight
- 5. Get enough sleep. (Oh please Lord help us sleep well!)
- 6. Stay engaged
- 7. Manage your blood sugar
- 8. If you drink, do so in moderation.

The information for this article was gathered from the Centers for Disease Control and Prevention website. For more information go to https://www.cdc.gov/ and look up Alzheimer's for more details and access to a short podcast on the likelihood of getting Alzheimer's.

In Loving Memory of Ralph Brown ... In our hearts, your memory is alive, you are missed every day.

Deva - Parish Nurse

This month Deva invited Jeane Canon to contribute an article about the benefits of plant-based cleaning products. Thank you Jeane for contributing the following information for this month's issue of The Viewpoint.

Young Living's Plant-Based Cleaning Products are Beneficial

Young Living uses plant-based ingredients and *Thieves* in their cleaning products, so you are replacing harsh chemicals with naturally derived formulas that smell amazing, get the job done, and are safe to use around kids and pets. And, *Thieves* has been found to be effective in killing germs.*

Many of Young Living's products include *Thieves* Essential Oils, a blend of the following individual essential oils: Lemon, Clove, Cinnamon Bark, Eucalyptus Radiata, and Rosemary. It has a spicy, pleasant, and welcoming aroma. *Thieves* essential oil blend can be used aromatically (i.e. a diffuser), topically (i.e. on the bottoms of your feet between the second and third toe for respiratory support), or internally using the *Thieves Vitality* (i.e. in a cup of warm water with lemon and honey as a delicious tea).

Young Living has created a complete line of household and personal care products that include the *Thieves* blend. I have found some products are concentrated, which is economical because you don't need to use very much, and they are also versatile (meaning they can be used in multiple ways). One example of an excellent product to use around the house is the *Thieves Household Cleaner*. We use it as a spray cleaner for counters, windows, as a floor cleaner, a stronger solution ratio is excellent in tackling grease removal, one recipe calls for it in a simply DIY wood furniture polish, and I've had great success getting spaghetti sauce out that spilled on my pale-yellow shirt (two different times!) by using it as a spot remover before washing with the *Thieves* liquid laundry soap (another high-quality product that focuses on plant-based ingredients instead of harmful chemicals so it is beneficial for both us and the environment, while also being highly-concentrated, very little is needed in comparison with other brands).

Additional *Thieves* products include kitchen & bath scrub, fruit & veggie soak and spray, foaming hand soap, bar soap, liquid dish soap, and dishwasher powder. Note: many of Young Living's products, such as the liquid dish soap, won't suds up like the brands you are used to because it doesn't contain the harmful ingredients that cause suds. Instead, it cleans just as effectively but it is free of the common sulfates (i.e. SLS), dyes, and synthetics found in most soaps and cleaning products.

Young Living was one of the few resources I found for hand sanitizer during the pandemic. The *Thieves* essential oils blend in their Waterless Hand Sanitizer smells great, the label states it "kills 99.99% of germs," and you only need a drop or two on your palms. I have found it seems to condition my hands instead of drying them out like other hand sanitizers. Additional personal care products containing *Thieves* essential oils blend include lozenges, cough drops, chest rub, toothpastes, mouthwash, dental floss, and mints.

*Quoting the *Essential Oils Pocket Reference*, "Thieves is a blend of highly antiviral, antiseptic, antibacterial, antifungal, and anti-infectious essential oils. It was created from research based on

legends about a group of 15th century thieves who rubbed botanicals on themselves to avoid contracting the plague while they robbed the bodies of the dead and dying. Studies at Weber State University (Ogden, UT) in 1997 demonstrated the killing power of these essential oils against airborne microorganisms. The analysis showed that after 10 minutes of Thieves diffusion in the air, there was an 82% reduction in the gram-positive *Micrococcus luteus* organism bioaerosol, a 96% reduction in gram-negative *Pseudomonas aeruginosa* organism bioaerosol, and a 44% reduction in *S. aureus* bioaerosol, page141." Additional studies are listed in the desk reference, as well as on the Young Living website www.youngliving.com (search Thieves, then scroll down for links to the research data).

I would be happy to meet with you to introduce you to these products and allow you to sample them for yourself at no obligation. I am a brand partner so I can also help you if you want to make a purchase. Please let me know if you have any questions; I'm happy to help.

Jeane Canon, 503-997-7228 or jeanecanon@yahoo.com

Best wishes to all of you celebrating birthdays in May!

Alex Hoekstra—1
Brendan Curran—2
Dalton Burk—3
Blake Timm—7
Geneva Houx—10
Isaac Molin—10
Carlene Krueger—13
Marilyn Winterbourne—13



Noah Cranson—14 Emberly Eaton-Heredia—18 Robert Lacock—20 Pat Truax—20 Loren Waltz—27 Leo Barrett—30 Sherri Vann—31

Sign up to host Fellowship Time



There's a sign-up sheet in fellowship hall to sign up to host fellowship time on Sunday mornings, (i.e., make coffee, put out glasses, cups and napkins). We are welcoming people to bring homemade goodies, fresh fruit, veggies, cheese, crackers, or whatever makes your heart sing. If you prefer, you can use the supplies that are stored in the church kitchen, so you don't need to prepare or purchase anything to host fellowship. If you have any

questions, please talk to Terri Wyborny. Thank you!

Joys, Concerns & Prayer Requests

New Prayer Concern—Please keep Paul Minor in your prayers as he is now home following recent hospitalization for ongoing health issues.

New Prayer Concern—Please keep Gene Hill and his wife Janet in your prayers as Gene is experiencing serious health issues.

New Prayer Concern—Please keep BJ Jones in your prayers as she was hospitalized last week for health issues that came up recently.



Continued remembrance—Continued prayers for Russ and Ann Dondero as Russ has been moved to assisted living. He can have visitors and phone calls. He's at Imperial Adult Foster Home, 20105 SW Imperial Street, Beaverton, OR 97003. Currently Russ doesn't have a phone, but you can call the facility at 503-747-4079 and ask for Russ.

Continued remembrance—Please remember Susan Shepard's daughter and son-in-law, Kathryn, and Jon Schuback as their 29-month-old son was recently diagnosed with cerebral palsy.

Continued remembrance—Please remember Carlene Krueger as she continues to recover from hip bursitis.

Continued remembrance—Prayers for Bob Browning as well as for Bev Fletcher, Lorren's wife, who are both living at the EmpRes Hillsboro Health & Rehabilitation Center.

Ongoing prayer request: Please continue prayers for Ralph and Robin Vasey's eight-year-old grandson, Henry, who continues to recover from surgery following an emergency surgery for a stroke before Christmas. He's receiving lots of different therapies to help him with speech and body movements and is making great strides in improvements each day for which they are extremely grateful.

Continued Prayers—Prayers of healing and comfort for all who have ongoing concerns, including Els Abma, Paul and Stephanie Edwards, Lillian Gimre, Max Groszmann, Stella Schrag, Yvonne Stacey, and any other friends and family of our church, not named here.

Prayer Shawls—Do you, or someone you know, need a prayer shawl? Please call or email Elena in the church office to make a request at 503-357-9121 or elena@fgucc.org.

Prayer Shawl Knitting—Please join us for knitting this month via Zoom on **Wednesday**, **May 3 and 17**, **from 2-4PM**. The link to Zoom will be sent to everyone in the prayer shawl knitting group via email. If you'd like to participate, please call, or email Elena.



BEST Team First Sunday for May 7

Update to Battery and Fluorescent Bulb Recycling

We have gathered more information about recycling batteries. Alkaline batteries (A, AA, AAA, C and D) are safe to go in the trash. However, other batteries such as button cell, lithium, 6-volt, 9-volt, rechargeable, lithium cell, car and lead-acid batteries should NOT go in the trash. Compact fluorescent bulbs and fluorescent tubes should also NOT go in the trash. Unfortunately, we still cannot transport them for you. PLEASE find a way to recycle them!



Some sources are:

- ✓ To find a source: https://www.oregonmetro.gov/tools-living/garbage-and-recycling/find-a-recycler (includes transfer stations and Battery Plus locations)
- ✓ Ace Hardware, Forest Grove, takes rechargeable batteries only
- ✓ Hillsboro curbside: https://www.hillsboro-oregon.gov/our-city/departments/city-manager-s-office/sustainability/garbage-and-recycling
- ✓ Ridwell, if you have a friend who will take them for you. https://www.ridwell.com/categories

If you forget, recycle all batteries at Metro sites throughout Portland. They will take them all. And remember, if you have any questions about any item at all, call the Metro Recycling Hotline at (503) 234-3000. Take good care of God's earth.

At this time, we only accept the following items on First Sunday:

- ✓ Clear #1 plastics
- ✓ Air pillows
- ✓ Corks
- ✓ PakTech handles for carrying 4-6 pack cans
- ✓ Candle wax (the Prickett Family uses)
- ✓ Ink cartridges

Cell Phones: We will accept cell phones at any time. (Please place phones in the marked box on the shelf above coat rack in the narthex.)

— Your FGUCC BEST Team

Camp Adams Summer 2023: Forest First & Community Focused!

Our summer camps at Camp Adams are designed to provide a traditional "sleep-away" summer camp experience for youth wrapped within the fundamental ideals of the United

Church of Christ faith tradition -- extravagant welcome for all and the building of community life that supports a more just and sustainable world.

Owned and operated by the United Church of Christ for over 80 years, Camp Adams is a youth camp and nature retreat with a proud history of environmental conservation and education. We invite you to explore our website to learn more about us, our forests, our facilities, and our summer youth camps at http://campadams.org/



Experienced and trained volunteers provide daily programming and cabin counseling. Paid summer camp staff provide and supervise daily swims in our beautiful swimming hole, outdoor group activities, arts and crafts, nature experiences and an evening gathering around the campfire. Food service is designed around whole, regional (whenever possible) foods and the promotion of healthy eating choices.

Perhaps most importantly, summer camp at Camp Adams is about experiencing the beauty and power of our beloved mature forest. All together the mission of our youth camps is to provide a place where kids are safe to explore who they are, how they matter, and that they belong.

Camp Adams offers:

- Experienced and trained counselors and directors,
- Camp staff including nurses and lifeguards,
- Exciting curriculum focused on multiple forms of stewardship,
- Plenty of outdoor activities including swimming, games, hikes, and campfires,
- Whole foods (locally sourced as available) served family style
- An incomparable setting in a mature temperate rainforest of western Oregon.

Session Dates-

Taller and Smaller (completed K-3rd w/adult) August 6-9 Exodus (completed 9th-12th) July 9-14 Sojourners (completed 7th-8th) July 16-21 Discoverers (completed 5th-6th) July 23-28 Genesis/Seekers (completed 2nd-4th) July 30-August 4

Please visit the Camp Adams Summer Camp page <u>HERE</u> for dates and more information. **REGISTRATION CLOSES JUNE 3 or when a camp is at capacity. Please be sure to register soon!**

Forest Grove UCC Camp Scholarships are available. Please contact Elena for FGUCC scholarship information.)

12 - THE VIEWPOINT

You can Donate to FGUCC via QRCode

If you would like to make a donation to FGUCC, you can scan this QRCode which will take you directly to our FGUCC PayPal donation page. There you will have the option of paying with either a debit or credit card or PayPal. If you have any questions, please don't hesitate to let us know.



Pledges and Contributions

Thank you all for continuing to keep your pledges current. You can sign up for electronic giving with Vanco, which is a very simple option and setup, and fees are very low (let us know if you'd like more information). You can use PayPal on our church's website at www.fgucc.org. If you have questions or need more information, please contact Elena at elena@fgucc.org or (503) 357-9121. Thank you for your generosity and support!

Can & Bottle Collection Fundraiser



Thank you for your steady support of the Can & Bottle Collection for our FGUCC Youth Ministry. Yay for us – **to date we have raised \$3,385**, you want to participate in this easy fundraiser, blue bags are available to pick up in the church office. For any additional information please contact Elena at 503-357-9121 or <u>elena@fgucc.org</u>.

Please make sure you are using Brendan's new Number!



In January we began publicizing Brendan's new phone number which is **503-523-6339**. However, this information still has not reached a number of people and it is really important that everyone update any contact lists for Brendan as the old number has been reassigned by Verizon. So if you use Brendan's old number you will reach a young person somewhere on the east coast. **Delete Brendan's old number: 401-318-2447** and add

new number: 503-523-6339. Thank you for helping us get the word out. If you have any questions, please let us know.

Church Directory—We regularly update the church directory, and you can get either paper or electronic copy upon request. Contact Elena at <u>elena@fgucc.org</u> or 503-357-6960 (call or text welcome).



Junior Boxer "All Sports Camp" at Pacific University this June 2023

Athletics is hosting its first annual Junior Boxer All-Sports Summer Camp! This camp is for children entering first through eighth grade. Campers will get an opportunity to experience a wide variety of sports during two separate sessions led by Pacific's own coaching staff and student-athletes.

Sessions will run from June 19 to 23 and June 26 to 30. For more information and to register, visit http://juniorboxerallsportscamp.com/.

For a complete list of sport specific athletic camps offered at Pacific this summer, please visit goboxers.com

Strengthen the Church offering:



Please join us in common mission, vision, and purpose by supporting the 2023 Strengthen the Church offering.

The Strengthen the Church (STC) Offering reflects the shared commitment of people across the United Church of Christ to cooperatively build up the UCC. Conferences and the national setting equally share the gifts given by members and friends through their local congregations. The funds raised support leadership development, new churches, youth ministry, and innovation in existing congregations. By your generosity to this offering, you build up the Body of Christ.

As God calls our congregations to be the church in new ways, your generosity will plant new churches, awaken new ideas in existing churches and develop the spiritual life in our youth and young adults. Please make checks payable to FGUCC with note on memo line: **2023 Strengthen the Church Offering.** Thank you for your support of UCC offerings.

Watch for very informative bulletin inserts about this offering each Sunday in May.

To Keep Up on the Happenings of FGUCC

- Check out our webpage for up-to date information, classes, and activities at www.fgucc.org
- Like us on Facebook at www.facebook.com/fgucc
- Subscribe to "This Week at FGUCC" (just send an email to elena@fgucc.org to indicate you'd like to subscribe)
- Link to Instagram: https://www.instagram.com/forestgroveucc/

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